

Do you want your family to make healthier choices?

Join InstaThought: The Better Together Study!



Learn how to
make healthy
choices for your
family!

About the study:

- We are looking for parents and children (ages 8-12 years old)
- It involves up to 14 sessions over a maximum of 14 weeks
- You and your child together can earn up to \$100

Fill out this survey to see if your family is eligible!

surveymonkey.com/r/instathought



BUFFALO BEHAVIORAL
MEDICINE

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