



# Sports Stars

## Skills & Drills LLC

### 2017 Spring Sessions



Sports Stars Skills & Drills is designed to teach kids the fundamentals of sports during each weekly session. Our philosophy stresses having fun while promoting physical fitness and developing new skills from week to week. Flexibility, coordination, and agility will be merged with skill development during each weekly session. `

Owner, Chris Robey, is a former All-League basketball player and All-NYS and All-East Coast soccer player while playing at Kenmore East High School and Canisius College. He is currently an Elementary Physical Education teacher in the Ken-Ton School District and a two sport coach at Kenmore East (Soccer & Basketball). He is also a 2-time Club Champion at Sheridan Park golf course. His passion and love for sports drives him to help others learn to love the game and to live a healthy lifestyle.

Our other coaches consist of certified PE teachers, local coaches and former college athletes. All of our coaches strive to maintain a small group setting and focus on having fun while increasing individual skill level.

### Intro to Sports:      **Ages 2-3**

7 Week session begins March 20<sup>th</sup> through May 15<sup>th</sup> (Except April 10<sup>th</sup> & April 17<sup>th</sup>)

Session includes: Soccer, Basketball, Floor hockey, Tee-ball, Volleyball, Bowling and the Parachute

**Location:** Willow Ridge Elementary Gym      **Time: Mondays from 5:00 to 5:45 PM**

### Intro to Sports:      **Ages 4-7**

7 Week session begins March 20<sup>th</sup> through May 15<sup>th</sup> (Except April 10<sup>th</sup> & April 17<sup>th</sup>)

Session includes: Soccer, Basketball, Floor hockey, Tee-ball, Volleyball, Bowling and the Parachute

**Location:** Willow Ridge Elementary Gym      **Time: Mondays from 6:00-7:00 PM**

### Soccer:      **Ages 3-7**

7 Week session begins March 21<sup>st</sup> through May 9<sup>th</sup> (Except April 11<sup>th</sup>)

**Location:** Willow Ridge Elementary Gym      **Time: Tuesdays from 5:00-6:00 PM**

### Floor Hockey:      **Ages 4-7**

7 Week session begins March 21<sup>st</sup> through May 9<sup>th</sup> (Except April 11<sup>th</sup>)

**Location:** Willow Ridge Elementary Gym      **Time: Tuesdays from 6:10-7:00 PM** (Students will use soft sticks)

**Session Fee: \$75.00 per child**

*Please visit **[SweetHomeSchools.org](http://SweetHomeSchools.org)** to register!!*

*(Click on Sweet Home community education, click on the pay school's logo, click on community education)*

**If you have any questions, please call Chris at (716)713-7456**

Check out our website @ **[www.SportsStarsSkillsAndDrills.com](http://www.SportsStarsSkillsAndDrills.com)**

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